

Sisters!

Choreographed by: Amy Christian-Sohn.

Description: 2 Wall Phrased, Intermediate Level, Line Dance.

Music: Sisters Are Doing It For Themselves by Aretha Franklin, Duet with Eurythmics. (Album: The very best of Aretha Franklin - respect).

32 Count Intro. Sequence: **A, A, B, A, A, A, A, B, A, A, A, B-, A, A, B-***.

Note: This is a fun and dramatic dance and it is easier than it looks, from the step sheet! :)

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Part A

R Hand Out, Twist $\frac{1}{4}$, R Coaster Step, Hitch, Knee Pops Out, In, Step

- 1-2 Right hand goes out to right side, palm facing up (1), With hand still out, Twist $\frac{1}{4}$ turn right, weight on left foot(2),
- 3&4 Step back on R foot, Step L next to R, Step forward on R,
- 5-6 Hitch left knee, diagonally across right knee(5), Touch L foot to left side, Popping L knee out(6),
- 7-8 Pop L knee in(7), Step down on L foot(8).

Step, Do the "Jerk"- Swing Hands Up, Swing R Side, Swing L Side, Kick, Kick

- 1-2 Step R foot next to L, bend both knees slightly, Swing arms, crossed at wrists, above your head(1), Straighten & swing hands down(2), 60's A-Go Go style,
- 3-4 Look R, Angle upper body right, Swing hands up(3), bend knees slightly & snap fingers(4), 60's A-Go Go style,
- 5-6 Look L, Angle upper body left, Swing hands up(5), bend knees slightly & snap fingers(6), 60's A-Go Go style,
- 7-8 Kick R foot forward twice.

Out, Out, Hold, Rocks With Shoulder Pops, Touch, Hold, Pivot Turn

- &1-2 Step R foot to R side(&), Step L foot to L side, feet apart(1), Hold(2),
- 3-4 Rock right, Pop R shoulder(3), Rock left, Pop L shoulder(4),
- 5-6 Touch R foot next to left foot(5), Hold(6),
- 7-8 Step forward on R foot(7), Pivot $\frac{1}{2}$ turn left, stepping on L foot(8).

Touch Side, Cross, Touch Side, Kick, L Coaster, $\frac{1}{4}$ Turn, Step

- 1-2 Touch R foot to right side(1), Cross R foot over L foot(2),
- 3-4 Touch L foot to left side(3), Kick L foot forward(4),
- 5&6 Step back on L foot, Step R next to L, Step forward on L,
- 7-8 $\frac{1}{4}$ turn left, step R foot to R side(7), Step L foot next to R foot(8).

Part B

Slow Sexy Forward Walks, With Hand Movements

- 1-4 Step R foot over left(1), Hold(2), Step L foot over right(3), Hold(4), Hands in front, palms facing upwards, with fingers moving, (Come get it - gesture),
- 5-8 Step R foot over left, as R hand goes out to right side(5), Hold (6), Step L foot over right, as L hand goes out to left side(7), Hold(8).

