

Apple Bottom Jeans (High Beginner)

Choreographed by Amy Christian-Sohn

32 Count 2 Wall, High Beginner Line Dance

Song: Low by Flo Rider

Intro: 32 Count

Website: www.linefusiondance.com

Email: dance@amychristiandance.com

Step Fwd, Recover, Back Shuffle, Step Back, Recover, Step Fwd, Brush Hand X2

- 1-2 Step Fwd on R foot, Rock back on L foot,
- 3&4 Step R foot back, Step foot next to R, Step R foot back,
- 5-6 Rock back on L foot, Recover fwd on R foot,
- 7 Step fwd on L foot & bend body slightly fwd & brush R hand across L foot, to left side,
- 8 Brush hand across L foot, to right side, (As though, brushing on Fur Boot on L foot),

R Kickball Change, Step R side, Touch L next to R, L Vine, (Slap)

- 1&2 Kick R foot fwd, Step back on the ball of R foot, Step L foot fwd,
- 3-4 Step R foot to R side, Touch L foot next to R foot,
- 5-6 Step L foot to L side, Step R foot behind L,
- 7-8 Step L foot to L side(7), Touch or Hitch R foot(8), (option - Look over R shoulder, Slap Butt with R hand)(8),

Monterey Turns

- 1-2 Touch R foot to R side, With weight on L foot, Swivel ½ turn right on L foot, Step R foot next to L foot,
- 3-4 Touch L foot out to L side, Step L foot next to R foot,
- 5-6 Touch R foot to R side, With weight on L foot, Swivel ½ turn right on L foot, Step R foot next to L foot,
- 7-8 Touch L foot to L side, Step L foot next to R foot,

***(Easy Alternative Steps for Monterey Turns** – 1-4 Touch R Out(1), Step R next to L(2), Touch L Out(3), Step L next to R(4), Repeat those 4 steps again for counts (5-8),*

¼ Paddle Turns X2, Walk Fwd R, L, R, L

- 1-2 Step fwd on ball of R foot(1), Transfer weight to L foot, as you ¼ turn left(2),
- 3-4 Step fwd on ball of R foot(3), Transfer weight to L foot, as you ¼ turn left(4),
(Hips Rolls can be added to Paddle Turns, for styling)
- 5-8 Walk fwd R, L, R, L. (option – Walk fwd bending knees, going lower and lower).

Start again!